



Just how old are you?

How old are you?

15,000 days?

80,000 hours?

150 million seconds?

Write your age in years: _____

Guess your age in each different unit of time listed below, then work out the answer. You may need a calculator to help you.

Remember:

1 year = 12 months

1 year = 365 days

1 day = 24 hours

1 hour = 60 minutes

1 minute = 60 seconds

How old you are in ...?	Your guess	Your calculation
months		
days		
hours		
minutes		
seconds		

Try finding out other people's ages in different units of time—
your Dad, Grandma, dog, goldfish, for example.

How old is your oldest living relative?
How old is your youngest living relative?
In what year were they born?