

**Census at School – Canada
Questionnaire – Grades 9 to 12
2006/2007**

The province of your school: _____

1. How many people *usually* live in your household*? Don't forget to count yourself in! _____

***Note:** Your household means your home. If you live in more than one home, choose the one in which you spend the most time. The term "household" is used in the Census of Canada.

2. What language do you *most often* speak at home? Choose one:

- English • French • Spanish • Chinese • Punjabi • Arabic • German • Italian • Spanish • Arabic
- Portuguese • German • Polish • Urdu • Vietnamese • Tagalog (Filipino) • Hindi • Persian (Farsi)
- Cree • Tamil • Russian • Korean • Greek • Other

3. Are you male or female? _____

4. What is your age in years? _____ years

5. What is your height, without shoes, in centimetres? _____ cm

6. What is your arm span in centimetres? (Open arms wide, measure distance from tip of right hand middle finger to tip of left hand middle finger.) _____ cm

7. What is the length of your right forearm, from your elbow bone to your wrist bone, in centimetres? _____cm

8. What is your wrist circumference in *millimetres*? _____mm

9. What is the length of your right hand from your wrist bone to the tip of the middle finger, in centimetres? _____cm

10. What is the length of your right foot, without a shoe, in centimetres? _____cm

11. What colour are your eyes?

- Blue • Brown • Green • Other

12. In most activities, which are you?

- Left-handed • Right-handed • Ambidextrous

(**Note:** The following two questions can only be answered using the online questionnaire. To practice, click [here](#).)

13. How fast is your reaction time with your *right* hand?

Place the mouse in your right hand, click 'Start'. When the words "Press Stop" appear in the box, click 'Stop' as fast as you can.

14. How fast is your reaction time with your *left* hand?

Place the mouse in your left hand, click 'Start'. When the words "Press Stop" appear in the box, click 'Stop' as fast as you can.

15. What do you *usually* have for breakfast? Choose all the groups that apply:

- Grain products: (e.g., bread, cereal, toast, muffin, bagel, rice, pasta)
- Milk products: (e.g., milk, cheese, yogurt)
- Vegetables and fruits: (e.g., juice, bananas, oranges, carrots, tomatoes)
- Meat and alternatives: (e.g., eggs, bacon, chicken, peanut butter, beans)
- Other: (e.g., tea, coffee, pop, chips, cookies, donuts)
- No breakfast

16. How many cigarettes a week do you usually smoke?(Write in number) _____

17. In the *last week*, approximately how much time did you spend, to the nearest hour, on each of the following activities? Make sure that the total does not add up to more than 168 hours.

Playing computer or video games _____ hours
Reading (**not schoolwork**) _____ hours
Watching TV, videos or movies _____ hours
Playing or listening to music _____ hours
Playing board or card games _____ hours
Doing homework _____ hours
Doing jobs at home _____ hours
Working for pay outside the home _____ hours
Doing community volunteer work _____ hours
Participating in sports _____ hours
Hanging out with friends _____ hours

18. How much pressure do you feel because of the schoolwork you have to do? Choose one:

- none • very little • some • a lot

19. In the *last year* have you gone on a diet, changed your eating habits or done anything to control your weight?

- Yes • No

20. On *how many days* last week did you do a physical activity that made you huff and puff or made you feel out of breath, tired or warmer than usual? Choose one:

- 0 • 1 • 2 • 3 • 4 • 5 • 6 • 7

21. How do you usually travel to school? Choose one:

- walk • skateboard • inline skate • bicycle • motorcycle • moped • bus
- car • train • subway or metro • other

22. How long does it usually take you to travel to school? _____ minutes

23. What is your favourite subject at school? Choose one:

- art • English • French • social studies • history • geography • math
- science • computers • music • physical education • other

24. In the last month, how many times have you been bullied* at school? Choose one:

- 0 • 1 to 3 • 4 to 9 • 10 or more

* **Note:** Being bullied means when someone does or says something to make you feel uncomfortable or afraid

25. Do you have any of the following? Choose all that apply:

- your own calculator • your own cell phone • your own pager • access to a computer at home • access to the Internet at home • your own MP3 or mini disc player

26. Which of these methods do you most often use to talk to your friends? Choose one:

- Telephone (landline)
- Cell phone
- Text messaging
- E-mail
- Internet chat or MSN
- In person
- Other

27. If you had \$1,000 to donate to a charity of your choice, what type of organization would you choose? Choose one:

- Arts, culture, sports (e.g., community centres, museums, sports teams, music programs)
- Health (e.g., cancer, AIDS, diabetes research)
- Religious (e.g., church or activities related to worship)
- Environment (e.g., saving forests, clean air, clean water)
- Wildlife, animals (e.g., endangered species, prevention of cruelty to animals)
- Education / Youth development (e.g., reading, literacy and skills training, after-school programs)
- International aid (e.g., disaster relief, health, education and food aid in poor countries)
- Other

28. What do you think is the most important issue facing young Canadians today? Choose one:

- unemployment • environment • economy • health • migration / immigration • other

29. Think about someone you most look up to. This could be someone you know personally or have read about or seen on T.V. From the list below, choose the category that best describes this person.

- Relative
- Actor
- Sportsperson
- Coach or club leader
- Business person
- Religious figure
- Politician
- Teacher
- Doctor or nurse
- Musician or singer
- Friend
- Community leader or elder
- Other